

① Most pain doctors are actually surgeons who believe that pain is mostly caused by spine or joint problems, which can be cured by surgery.

We at LAGS believe that chronic back and joint pain often cause metabolic and psychological complications due to isolation and inactivity/obesity. We believe that once metabolic and psychological issues become a component of a patient's chronic pain, treating those conditions, in addition to any anatomical issues, is the most effective pain treatment strategy possible.



② Many pain doctors are actually surgeons who believe that expensive surgery is usually the best option, and first course of action for treating pain.

We at LAGS believe that most pain surgery is medically unnecessary, and often ends up making the patient worse. We begin a patient's pain treatment plan with simple, non-invasive assessments such as; blood, urine, mental health, and nerve fiber analysis. Once we know a patient's Metabolic Health Score, Anatomical Health Score, and Psychological Health Score, one of our MAP specialists will design a custom treatment plan for that patient to treat their underlying causes of pain. We offer minimally invasive, temporary pain relief options such as nerve blocks and low dose opioids, for the purpose of getting the patient active and moving again.



③ Most surgeries and pain pumps are unsuccessful long-term, and patients often regret having done them.

We at LAGS believe that surgery should almost always be the last option considered, and then, only after minimally-invasive treatment options have been attempted. Our treatment plans are designed to get you active and moving, help you maintain a healthy weight and metabolism, and assist you in overcoming any psychological and substance abuse issues that may be contributing to your pain.





“From Pain to Wellness”

The Cost of Pain in the U.S.

The average cost per year to treat a pain patient in the U.S. is:	\$31,692
Osteoarthritis adds \$7,604 to the cost, for a total yearly cost of:	\$39,296
Multiple Sclerosis adds \$22,369 to the cost, for a total yearly cost of:	\$54,061
Diabetic Neuropathy adds \$17,415 to the cost, for a total yearly cost of:	\$49,107
Non-diabetic Neuropathy adds \$13,216 to the cost, for a total yearly cost of:	\$44,908

BRAND-NAME DRUGS, SURGERIES, & HOSPITALIZATIONS are the main drivers of cost

MAP restores patient function & gets the patient active again.

MAP minimizes surgeries & pain pumps & uses affordable generic drugs whenever possible.

MAP emphasizes cost-effective solutions with positive long-term outcomes.

MAP restores function by minimizing pain

Cost of nerve block: \$150

vs

Chronic pain cost: \$31,692/yr

Chronic pain patients have a high future risk of diabetes due to inactivity

Cost of prevention program: \$500

vs

Cost to treat diabetes: \$7,900/yr

Inactivity causes neuropathy & neuropathy increases pain

Cost to confirm neuropathy: <\$1,500

vs

Cost to treat neuropathy: \$15,000/yr

Adhering to the diabetes prevention is shown to grow small nerve fibers back

Cost of prevention program: \$500

vs

Cost of pain/neuropathy: \$44,908

Chronic pain patients are at an increased risk for bone loss and hip fracture

Cost of DEXA Scan: \$50

vs

Cost of hip fracture: \$88,000